



# AAMM. NEWS

WASHINGTON CHAPTER  
AMERICAN ASSOCIATION OF MASSEURS & MASSUSES

ARTHUR DUNBAR--EDITOR  
OCTOBER--1954

MILTON A. NIEDFELT--ASSISTANT  
805 E. Denny--Seattle 22 Washington

## WHO ARE ELIGIBLE FOR MEMBERSHIP IN THE AMERICAN ASSOCIATION OF MASSEURS AND MASSUSES

By D.S. Carlson National Secty-treas.

If I were to judge in this matter here is the position I would take,

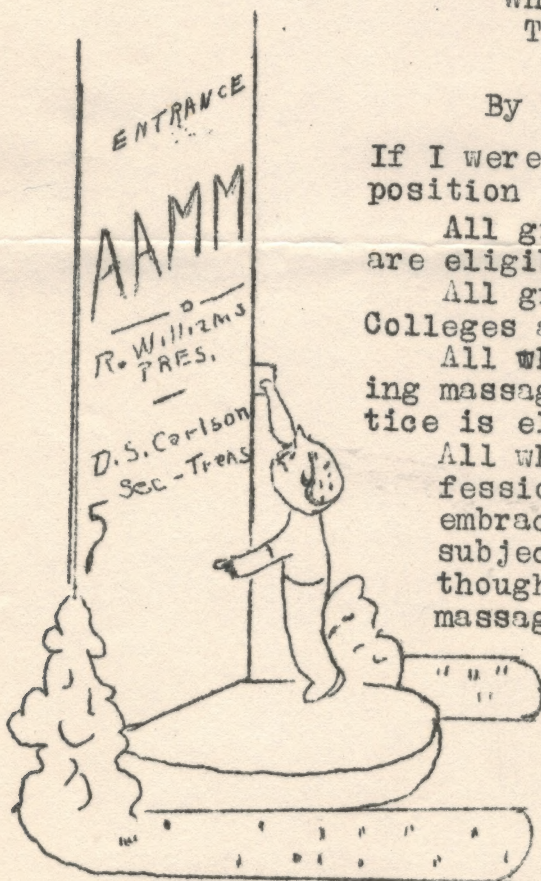
All graduates of Massage Schools or Colleges are eligible.

All graduates of Physical Therapy Schools or Colleges are eligible.

All who practice massage or have been practicing massage for the last two years as an apprentice is eligible to be an associate member.

All who are graduates of other healing professions, schools or colleges who do not embrace massage or physical therapy as a major subject are not eligible for membership, even though these same practitioners have embraced massage to some extent in their practice. If

these same practitioners major in massage to the exclusion of Chiropractic, Osteopathy, Sanipractic, or any other practice then are they eligible as an associate member. Remember this, no other healing profession is accepting Masseurs or Massuses into their organization without a diploma from their approved schools. By accepting Apprenticeship trained



New prospect ----  
"May we come in, Please?"

technicians we are more liberal than the others.

Many of these maybe better educated than we Masseurs and Massuses, and may be outstanding in their own profession, and real skillful. But they are not as a rule skilled in Massage as we are. Many of these are encroaching on all healing professions hoping to piddle around in a little of everything to safeguard their finances. I do not believe we should accept any for



membership that does not major in massage, regardless how well trained they may be in other fields.

We do not expect a medical doctor to give a good massage, can there be any reason to assume that these other practitioners will be any more efficient? If the applicant is sincere he will be practicing massage to the exclusion of these other methods. To be sure there is an overlapping of technics in some of these professions, but that is because they have copied from each other to some extent. If this keeps up we will have a conglomeration of technics which will weaken all these professions and leave them wide open to attack because it will eventually be impossible to classify them.

We will never receive justifiable recognition until we have approved schools from which we expect our members to be graduates, in-as-much as we do not have this set up, lets hold our lines in keeping with this idea in principle until we can work this out.

My firm conviction is this, no one should be received for membership unless they major in massage or physical therapy, either as having been apprentice trained or as a graduate from a Massage School.  
By D.S. Carlson, National Secty-treas A.A.M.M.

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#### The Questionnaire Editorial...

Probably the most outstanding thing that our Association is doing at this present time is the Classification of MASSAGE. If for no other reason this alone will be worth many times the dues that you pay to the Association. And what does it mean?

Until this Classification is complete, no one knows just what Massage really is. No one knows if it is Swedish Massage, or Colonic Irrigations, or is it Steam Baths, or is it only Reducing treatments.... But now it will be different.

Every one knows that the Medical Profession is divided into Specialists A specialist for the eyes, a specialist for the lungs, a specialists for surgery and a specialist for other lines of medical endeavor. And only the A.A.M.M. can do this for the Massage Profession.

Lets all of us fill our Questionnaire immediately, and send in whatever advertisement we wish, and get our services Classified immediately. Send it to Mr. D.S. Carlson 203-E 2nd Ave; Rome, Georgia. But do send the 25¢ for the printing of your name.

We understand that this will be printed in Alphabetical order in the back of our YEAR BOOK, or Souvenir Program, and distributed to our members all over the United States. Any member wishing to send patients to us, from one locality to another, will have easily understood information as to our qualifications; and if you have a patient going somewhere and leaving you, you can find another Masseur to recommend to him. .... This is SERVICE SUPREME! at a nominal cost. You do not have to send in an advertisement! All you are obliged to do is ckeck the QUESTIONEER, and send in 25¢ or more according to what explanation you want to make.... But the More you send in the better! See page See 84



# NATIONAL ASSIGNMENT

From the National Davenport Convention 1954

Twelve dollars per year dues alone will never build our A.A.M.M. to the powerful Association that the Masseurs in the U.S.A. need, so the National Convention laid out the following work for the following people. Thus making a Work Assignment to various National Committees.

Your assignment will be as the National Convention laid out, and as printed herein. All Chairmen are responsible to their National Officers, and to their National President and National Secretary-Treasurer in particular.

All members are also a part of this Organization and are expected to do their utmost to make these committees function in the most highly approved and satisfactory manner. Details of the work is also printed here as put out by the National. Please keep this as it will be valuable in the future for your reference, especially when you try to do business with the A.A.M.M.---This is what the A.A.M.M. is doing for you. It is important that you help. (See Souvenir Program for)

by Asst. Editor. (Addresses.

Constitution & By Laws Committee.

Chairman Mr. Arthur Mann; Members Martin Weinrick--Ill

May Stover Hughes, -- Arkansas

To this committee will be submitted all requests for changes in the Constitution and By-laws. The Committee will prepare ammendments for the changes which are to be presented to the National Convention for consideration. The Committee will also keep a file, copies of various constitution and By-Laws of other organizations which have proven to be applicable to the A.A.M.M. and shall prepare in writing any resolution submitted to the Convention.

Legislative Committee;

Chairman Gladys Weiler Nebr. Member Arthur Dunbar Wash. --

Earl Swan Ark.---Mrs. Byron Comstock--Fla.

It shall be the duty of the committee to acquire from various states, copies of their massage acts or physical therapy acts. They shall either secure individual copies of these acts or provide mimeograph copies of these acts and distribute them to the various A.A.M.M. chapters who are preparing to seek massage legisla tion. They shall also study the various acts and shall suggest to the National Convention the most desirable clauses in these acts that would be the most favorable for our use or incopporation.

Nomination Committee;

Chairman Samuel Dahlgren N.D. Members Arthur Melson, Ill--

Lenora Johns Nebr. --Arnold Ingman, Georgia.

The duties of this committee shall be to select desirable candidates for the various offices of the National A.A.M.M. They shall not wait until the National Convention to make these selections but shall consider and determine as well as consult with one another during the year as to which of the members are best qualified to fill the position in question. This way no hurried decisions will have to be made at the convention. Nominations can still be made from the floor in addition to the selected nominees.



### Ethics Committee

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Chairman, Bertha Reager, Washington Members; Mary Felton, Ill.  
Sara Jane Va.

The duties of this committee shall be to formulate ethical policies that should be considered and possibly adopted at the National Convention. All violations or unethical practices committed by members in unorganized states should be referred to the committee on ethics for screening. If substantiated, then the committee will refer their findings to the Board of Directors for final decision.

### Registration Committee

Chairman, Ruth E. Williams, Washington; Members; D.S. Carlson  
Floy Brownlie, Iowa-- Delbert Vincent Ky--  
Harold D. Collins, Nebr.

The duties of this committee shall be to consider which members are eligible for registration and shall authorize a certificate to be prepared for the member fulfilling the requirements of registration. After which the member shall be designated as a "Registered Masseur or Masseuse" and shall have the privilege to use the abbreviation of R.M. after their name.

### Schools & Colleges Committee

Chairman, Dr. Charles Brooks, Ill. Members; Dr. Roy Street, Mont  
Dr. Wm H. Kinsinger, Ohio.

The members of this committee shall secure information on all schools and colleges teaching the art of Massage and all its related technics and modalities and compile information for the membership and prospective members as to the curriculum and other vital statistics that would enable the committee to list an approved classification of schools and colleges that would cooperate with the National A.A.M.M.

### Public Relations Committee;

Chairman Gilbert Schmidt, Ill. Members; Vince Matteson Fla.  
Blandford Jones, Pa.

The duties of this committee shall be to plan, formulate devise and arrange every type of program that would help to bring prestige, honor, and respect for our profession. Every possible approach should be made to the public to acquaint them with the virtues and the almost limitless possibilities to relieve human suffering that they have through our profession. The methods which could be employed would be talkie films, all ethical advertising, lectures and television in a limited way. None of these things are beyond the scope of possibilities of a growing organization.

### Editorial Committee;

Chairman Evelyn Schubert, Iowa-- Members; Ruth Grouth, Kans  
Martha McLeod, Georgia

This committee will be called upon to provide articles of interest for publication in our Magazine, the Masseur. They shall also be responsible in large measure for the editorial policies of the magazine. If a sufficient amount of material is not available for publication, then this committee shall be held responsible.



### Advertising Committee

Chairman, Paul Stodghill-Ky. Members; Earl Alexander, Ill.  
Mrs. P.O. Coates, Texas-- Ruth A. Olson, Oregon.

This committee can consist of one or more members and shall have the qualifications of business men who can make the proper approach, be it personal contact, through letter writing, or to solicit advertising from members and business houses who sell to our members directly or indirectly. This committee shall also persistently remind the members of their obligation to ask every one who does business with them, "Have you ever had an ad in our magazine?" This simple question would bring in a great deal of advertising.

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### Placement Committee;

Not Named yet--- Responsibility D.S. Carlson until committee functions.

This committee will take care of all requests from members who desire a change of position or location. They will have on file, practices for sale, help wanted and situations wanted. Further, they will on request from members, furnish them with the desired information if it is in their profession.

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### Welfare Committee;

Not named yet----Responsibility D.S. Carlson until committee functions.

The duties of this committee shall be to look after members who are in distress or circumstances beyond their control with the aim to send assistance to any member which in any way would not conflict with the policies of the organization.

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### Membership Committee;

Membership Committee; Chairman; Milton A Niedfelt  
Members; Dorthy McDonald, Ariz;; George Gammon, Calif,  
Carl E Wray, Colo.-- A.H. Drake, Fla.-- J.B. Stone La.  
M.C. Mulchy Mo.--- Thos. Lloyd N.Y-- C.A. Taylor Ore.  
Harold W. Forth Ohio--Mildred Warnes Wis--  
Beatrice Smith, Tenn. Theo. Norby N.D.

This committee will be the largest committee, and will have the responsibility of interesting prospective members in the A.A.M.M. through ethical approach conforming to the policies of our organization. The Chairman of this committee will contact all members of his committee at regular intervals to determine what is transpiring in their locality and what efforts are being made to contact prospective members, If this committee really works we should have at least 200 more members in the year ending 1955.

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### N-O-T-E A-B-O-V-E

Your National Officers have gone to great length to produce this plan above.... It is your duty to find out about this plan. If your name appears here, it is your duty to find out from your Chairman what plans are being worked out to Make YOUR PROFESSION a great profession. It is not enough that you pay \$12.00 per year dues. You signed a MEMBERSHIP PLEDGE--- Please read your pledge and go to work with your committee.... to make our profession the Great Profession second to none.... Asst Editor.



A lot of members have asked your Editor about the "MASSOTHERAPIST" This has been dealt with in the national publication THE MASSEUR, On page 5, of the December 1953 issue. If you don't have a copy of this issue, you have missed quite a bit. However your Editor will quote a few phrases.

"Mr. Lindeman has seen fit to have himself elected to a life time job, why?"----- "There were only 25 people present at Lindeman's meeting in Pittsburg featuring Mrs. Swanson who spoke only on her book on foot technic."----- "Mr. Lindeman made Mrs. Swanson a life member without dues."

Your Editor believes that the Massotherapists used one of our Souvenir Program rosters and sent these letters to all of our members, and that is why you receive these letters... By Niedfelt

About Massage Study, and Text Books  
by Violet Thompson  
329 Ocean Ave--- Raymond Washington

I like especially "The Kenny Concept of Infantile Paralysis and it's Treatment."

I particularly like this book since I find my method of massage is very nearly like hers. (Sister Kenny) Also any articles I can find on constipation and treatment. Lately I have been reading herbal books but can give you no opinion yet. I like all the different methods and suggestions printed in the A.A.M.M. News. We all have a lot to learn..

(Editor's note; This helps your editor and gives him direction in his printing, -- what the public and members need to help them)

Mrs. Marie Stone is moving from Seattle to (address) Elmhaven, Salinas, California--- She will help get new members there, and practice Massage, She will be glad to get any letters from our members.

Thanks to Dr. Wm Kinsinger for donating another dollar to help pay for the postage on the A.A.M.M. News..... By the way; unless our members pay their 1954 dues they will soon be dropped, They are already delinquent on August 31st. That gives you September, October & November before you are "DROPPED" Please note page 11 of your Constitution Section 7--DELINQUENCIES.

COME ONE---- COME ALL

All Massage Technicians are respectfully requested to tell their friends that;;;-- All persons who are interested in Anti-Fluoridation of Public water sources are invited to attend a meeting in Seattle, in the middle part of November. An Organizational Committee is calling this State Wide meeting of all interested persons. Exact date will be in the next issue of the A.A.M.M. News--also exact meeting place,,, Miss A.R. Henry, 602 Boylston, Seattle is chairman of the Arrangement Committee--- You are invited to write her.

This paper will accept voluntary contributions valued at \$2.00 per year for subscriptions also cost fee per copy for extra copies from persons NOT PAYING MEMBERSHIP DUES IN THE STATE OF WASHINGTON.



Our Editor Mr. Arthur Dunbar isn't writing us an editorial this issue, We are certainly missing Arthur's good word, and his editorial. They have been a lot of help and encouragement to most of us. We hope Arthur gets back from his vacation soon, We need his encouragement and good word. By Niedfelt.

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#### SICK AND DISTRESS

We have word that the fine lady that gave us our State Convention in Vancouver, Chairman of the Convention arrangement Committee, the member of our A.A.M.M. that did all the work to arrange our fine State Convention is very seriously ill. This is none other than Della Mae Sumner--- It is reported that Della Mae is so ill that she is not expected to live---- She did something for us, now lets all of us get in and do something for Della Mae Sumner; Her address is 620 W 13th Street --Vancouver Washington.

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FOR SALE--IN THE CITY OF SEATTLE: One of the finest Massage Establishments in Seattle; Without doubt it will make somebody a lot of money. Good parking space, room for two Technicians, and living quarters, and good equipment... A Going Concern. Ask Ida Mae Lukins, one of our A.A.M.M. Members--- West Seattle Health Center, 3213 California avenue Phone A.V. 1086---

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Yes, We put advertising in our A.A.M.M. News at 5 lines for \$1.00

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#### BETTER HEALTH SOLON

5238 University Way, Seattle

Who says the Massage Profession don't make Progress?-- Well you should see the swell electric Sign our Regina V. Williams has on her place, Projecting out where everyone can see, and Won't you note also that she has a large insigna of our A.A.M.M. right out there for everyone to see! -- Thanks Regina, we hope that many others of our Profession will copy your idea, and we wish that it will attract the clientel.

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Thanks to Mr. Carlson.

He has sent Milton A Niedfelt a beautiful scrap book, all cellophane leaves in which he has put a lot of souvenirs pertaining to our Association. Mr. Niedfelt said he would be delighted to let anyone look at the book. The Book was intended as an aid in organizing and getting new members. The book will be returned to Mr. Carlson later.

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#### Our MONTHLY MESSAGE

By Arthur Mann

Washington State President

F-O-O-D For H-E-A-L-T-H

I suppose that you find that the majority of your patients take no thought of the kinds of food put into the body, expecting the body by some miracle to extract the necessities from almost useless food in any cases.

A definition of health is ("A normal condition of body and mind with all the parts functioning normally") to have this we must supply the body with the right foods so that our bodies chemical plant can go to work and change the food so that it can be utilized by the body.



Even the best of our scientists do not completely understand the intricate chemical processes of the body, but we do know enough, by study, to eat the foods which the body requires for health.

Now to be health minded we do not have to be a faddist, but we should eat a well balanced diet so that the body can function normally. To eat a well balanced diet however we must know which foods are essential to health. These foods must be composed of the necessary elements to replenish the blood, body cells, energy etc.

You can eat a lunch which will give you added pep and energy by 3:00 'clock or you can choose a luncheon that will make you sleepy and logy and dull witted by mid-afternoon.

It was shocking to discover how many of our American boys, who were called for duty during World War II were physically or mentally unfit.

Bad teeth, nerves, malnutrition in a land of plenty.

Why, you ask, does this condition exist? Mainly because we have not been taught in childhood to eat the right foods.

We should eat according to the type of work we are doing. For instance office workers should not eat heavy food such as a laborer would eat. He would find he could not be alert minded on this type of meal.

An excess of starchy foods may upset the liver, the liver acts as distributing agent for the energy factors of the body. It converts the results of starch digestion into blood sugar. Body sugar is stored in the liver in the form of glycogen. The liver is also concerned with the detoxification of some of the end products of starch digestion. Thus, in many people, the excessive intake of breads, pastries, cereals and rich deserts may result in a functional upset of the liver.

Acid ash foods may reduce vitality, the person who continually eats too great a percentage of acid ash foods may deplete his stock of alkaline (base) ash to such an extent that the various other body processes of acid neutralization are over burdened.

A shortage of alkaline base materials may raise the need for more blood carbonic activity. This particular section of the body fatigue--fighting mechanism is called upon for heavier duty. A given effort will, therefore, call for faster, deeper breathing, perhaps even grasping for breath. The person may become short winded after brief exertion.

In closing I would like to share with you this poem by Francis E Walker.

A-L-A-S

Life would be so full and free

If you and I should really be;

A sun to cheer some pathway dim,

A happy song, a prayerful hymn,

A ray of hope to those in sorrow,

Some joy and comfort they may borrow;

A silver lining to each cloud,

A stilling voice amidst the crowd;

A stalwart staff, the very best,

On which some weary soul may rest;

A light, a burning candle flame

To guide someone bowed with shame;

A rainbow shining through each shower,

A living faith each day, each hour.

How wholly worthwhile life would be--If this were true of you and me.



Report of the Past Seattle Meeting  
September 12, 1954  
By Phillip Janssen Sec-Treas.

All of us wish to thank Mr. & Mrs. Hatch, one of our good members at Snohomish Washington for their hospitality and a most enjoyable and informative afternoon in their home and Office. The meeting took place Sunday September 12th as scheduled.

Between 2:00 P.M. Mr. Hatch gave us an educational demonstration of the Plasmatic Therapy Treatment. Any information regarding this treatment can be obtained from Mr. Hatch

At the Close of the regular business meeting Mrs. Hatch served a delicious lunch that was thoroughly enjoyed.

I am a comparatively new member and I find that to attend any meeting is very much worth while as every one is more than willing to demonstrate specific techniques and worthwhile information to anyone in this profession.

Be sure to attend the next meeting and those to follow, and you will find it well worth your while.

By Phillip Janssen, Secty-treas.

Editorial note: There was plenty of room in the various autos that took our membership on this Sunday Afternoon drive. They gathered at various places and were picked up. We thank those that loaned their autos for this purpose. It was quite a new experience, to go so far. But it paid off big. Notice also below that our Chairman Mr. John Murray and his wife are also inviting the Group to their place in Port Townsend. By Niedfelt

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STATE OF WASHINGTON  
DON EASTVOLD  
Attorney General  
2018 Smith Tower Seattle

Dear Mr. Dalton:-

July 12, 1954

Some time ago at the request of Mr. Fred H. Dore, I took up with the Department of Labor and Industries the fact that Mr. X X X X X, a masseur, felt that he and other masseurs should be allowed \$3.50 per treatment, rather than \$3.00 per treatment, which the Department has been paying.

When I was unable to accomplish much by talk and work with the Department, Mr. Dore advised me that since he was a member of the State Legislature, he could not represent Mr. X X X X X as his attorney, and thereupon withdrew from the matter. I believe he mentioned to me that you would probably be representing Mr. XXXXXXX. In any event, you called me about the matter several days ago.

I have again reviewed the situation with the Department. The medical aid rules and maximum fee schedule covering services which the Department is required to provide are set out in regulations adopted by the Department. In the promulgation of these rules and maximum fee schedule, the Department has had the close cooperation and assistance of the Industrial Insurance Committee of the Washington State Medical Association. The problem of fixing a maximum fee schedule is a difficult one that cannot be expected



to be resolved to the complete satisfaction of each and every individual concerned with its application in the State of Washington. The Committee and the Department worked for several months in a diligent endeavor to promulgate a fee schedule and rules that are comprehensive, but not complex and provide a schedule that adequately compensates the practitioner who treats injured workmen. It is felt that the present schedule comes about as close to doing that as possible with all of the factors involved.

I believe you may be aware that the present schedule which became effective June 10, 1953, provides in part as follows;

"PHYSICAL THERAPY

Physical therapy administered to single or multiple areas by a registered physical therapist .....\$4.00

Physical therapy administered to single or multiple areas by other than registered physical therapists --..... \$3.00

All heat treatments including shortwave, diathermy, whirlpool, etc.....\$1.00

The Department feels that it is not possible for it to reopen the existing maximum fee schedule for amendment at this time.

It is noted that the \$3.50 is Mr. XXXX's regular charge to private patients and that \$3.00 is the amount paid by the department for treatments provided under the Workmen's Compensation Act. This difference does not seem to be greater than the reduction which physicians and doctors receive in the fees normally charged their private patients to achieve the rates set out in the regulations of the Department. It is generally considered that the amount of work received under the Workmen's Compensation Act, the certainty of compensation, and other factors justify these reduced rates.

My only suggestion is that Mr. X X X X or yourself keep abreast of the Situation and at such time as economic or other conditions make it advisable for the regulations governing maximum fees be amended, that Mr. X X X X or yourself contact the Department and present to it any reasons or evidence which you have that would bear upon the fixing of such maximum fees as are of interest to you.

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Note to Members;-- The state Convention passed a resolution for all Massage Technicians to raise the minimum price to \$5.00 as far as possible. --- Letters and discussion on the above Attorney General's Opinion will be acceptable. Send to Mr. Mann or the Editor.

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We thank all those persons who have already begun to send in their \$3.00 donation per month to the Legislative Massage Bill. Lets urge all members to do this. January will come soon and we have found that Legislation cost money in Washington.



# IMPORTANT

## SPECIAL — MEETING

I was delegated at the Snohomish meeting September 13th, 54, to contact the telephone company in regard to placing a trade mark advertisement in Classified section of the directory.

Our trade mark of course, would be our National Association emblem and what it stands for. So I have made the contact and have this information. Our Seattle and adjacent members of the American Association of Masseurs & Massuses can be represented by, what is termed a trade mark by the telephone Company. The classified section of the Massage Department will be headed by our trade mark, which will be what our emblem stands for on the left side, and our emblem on the right, or opposite the way it appeared in the Seafair program. Which will cost the Association, eleven dollars per month, or one hundred thirty two dollars per year. Then under this trade mark all members can have their names and address, in small type for seventy five cents per month, which I believe would be a considerable saving to the individual member, placing an individual advertisement, at so much per inch per block.

It was agreed at the Snohomish meeting that any advertisement of this nature, would have to be paid for in advance. The telephone directory comes out in February 1955, so the time for considering this proposition and getting into action is very short. So to get this problem solved, there will be a SPECIAL MEETING at the home and office of Milton A Niedfelt--805 E Denny, Seattle, On October 10th, 54 at 8:00 P.M. -- All members are urged to be there and bring a prospective applicant with you, that they may share in the benefits of the Association.

(Signature ) John A. Murray, Local President.

A-N-D T-H-I-S

M-E-E-T-I-N-G

N-O-V-E-M-B-E-R 7th

To the members of the A.A.M.M. of Seattle and its adjacent committees, I wish to extend an invitation, on behalf of Mrs. Murray and myself, to visit our home and clinic in Port Townsend, Washington, on Sunday November Seventh, from the hours One till Six P.M. Each member family, shall bring one cold dish, The remainder of the lunch will be furnished by the hosts.

There will be an open office inspection, for all. Some type of demonstrations will be provided by myself and Blossom Hendrix Gunthy our other Port Townsend member, for your entertainment.

Port Townsend in itself is entertainment to the stranger, in its quaintness, and its views of the surrounding area, if the day should be clear.

To those leaving from Seattle, one can either take the ferry at Coleman dock and ferry to Winslow then drive to Lofal and ferry over Hood canal to South point, and on to Port Townsend. To those leaving from points in the north end and Everett, Either take the Edmonds ferry across to Port Townsend, or those still farther north as Mount Vernon & Bellingham take Whidby Island by way of Deception Pass to



to Keystone and ferry to Port Townsend. Then on reaching Port Townsend; Those coming by way of Lofal & Kingston, when you cross railroad track coming into town and see a sign Purdys Motel almost directly ahead turn left up the hill past Purdys Motel and procede on to the Port Townsend Post Office, turn left, just as you pass the Post Office on your left, drive one block, where on your right hand, on the corner you will find 1242 Jefferson St. I do not have a sign up since I have been employed in Seattle. So other than a little building with a store front there will be no identification marks. To those coming by way of Keystone ferry to Port Townsend, drive straight ahead as you leave the ferry two blocks to Washington Street, turn left and drive to Post Office and turn right one block as per directions above.

Sincerely---John A. Murray. President Seattle Local.

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#### Mr. Bloom's Report

As of this month all members in Washington State have paid their next year's dues except these; 8 not paid-- 2 honorary--- 2 dimitted account of sickness they were temporarily excused. Mr. Bloom said he is sending one more notice which will be his final notice.

The Legislative fund is not doing well--- We don't know exactly why, Maybe we are waiting for the Atomic Bomb, or "SOMETHING" but only 7 members have contributed, or donated, and the full amount is \$85.00 In order to file for our Legislation we must have \$1000.00 by January 1st--- or no filing. No filing No Bill!

Editor's Note; The above is a verbal report made to your editor

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Mr. F.E. Bloom of Spokane, our State Secty-treas is visiting Seattle on a business trip and a vacation this week, Friday, Sept 24 to Monday September 27th.

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#### Spokane News---Report

Saturday night September 25th Spokane had a meeting held at the residence and office of Richard A Butt, 303 E Rich Ave Spokane. (Ed Note, we are glad that Spokane is again having meetings agter the Summer....Some one said we had five days summer in Washington. We do not have a report of the business taken up, but we believe that we will get these reports soon. ---Good luck Spokane for a lot of successful meetings. )

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#### HOW TO KILL AN ORGANIZATION

1. Don't go to the meetings;
2. If you do, go late.
3. If the weather dosen't suit you, don't think of going.
- 4 If you attend meetings, find fault with the work of the officers and members.
5. Never accept office, as it is far easier to criticize than to do things.
6. Get sore if you are not appointed to a committee, but if you are, do not attend committee meetings.
7. If asked by the president to give your opinion on some matter, reply that you have nothing to say.
8. After the meeting tell everyone how things should have been done.
9. Do nothing more than absolutely necessary, but when other members use their ability to heap matters along, howl out that the organization is run by a clique.
10. Hold back your contributions or don't pay.